

# **A career in the field of International Health.**

**How to become an expert –  
while still studying (medicine)**

# Who/what is GandHI?



= Globalisation and Health Initiative

- a german students initiative, founded in 2006
- international umbrella organisation: IFMSA  
(*International Federation of Medical Students' Associations*)
- national: part of the bvmds AG Public Health (SCOPH)  
(*Bundesvertretung der Medizinstudierenden in Deutschland e.V.*)  
( *Nacional representatives of german medical students e.V.*)

# What do we understand by Global Health?



# Our aims



1. Create a platform, due to which medical students can dispute and share their knowledge about Global Health Issues
2. Integrate Global Health Education to the medical curriculum
3. Encourage interdisciplinary collaboration
4. Create and strengthen public concience on Global Health

<http://bvmd.de/arbeit/scoph/gandhi/>

Trikont

GandHI Training

abroad

GandHI Seminar

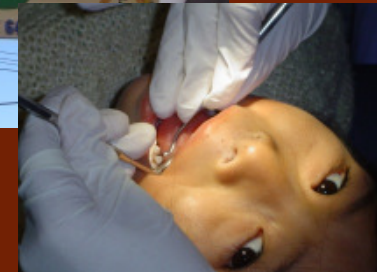
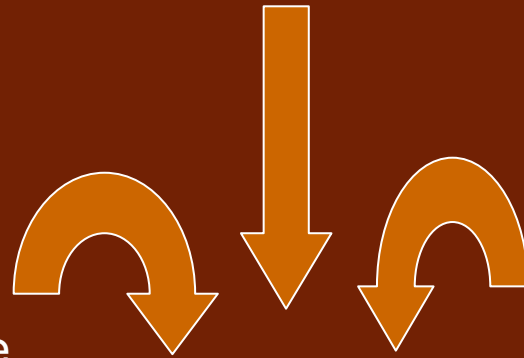




knowledge

experience

skills



# Prepare I



- **Trikont**  
(next on Latin America, 02.-5.12, <http://www.trikont-leipzig.de/node/3>)
- **GandHI Train New Trainers Seminar**  
(10.-12.12., Köln Neumarkt <http://bvmd.de/arbeit/scoph/gandhi/>)
- **local courses** on Tropical Medicine, Global/International Health  
(Berlin, Hamburg, Leipzig, Würzburg, Heidelberg, Marburg, Münster, Aachen ...)
- **Skill courses** (suture & not, clinical examination)
- others: Bundeskongress (19.-21.11.2010, Münster),  
IPPNW-Studitreff (05.-07.11., Jena <http://studis.ippnw.de/studierendentreffen.html>),
- IFMSA, other student associations  
(engineers without borders, critical lawyers, students in public health, social sciences)
- check other faculties/institutes at your own University  
(Studium Generale, interdisciplinary lectures/courses)
- **Learn the language!**
- **(self)study (culture, history, politics )**



# Prepare II

- check websites of WHO (country information), foreign ministry/embassy, [www.gapminder.org](http://www.gapminder.org), [www.worldmapper.org](http://www.worldmapper.org), UN)
- visit an ethnologic museum ([www.smb.museum/em](http://www.smb.museum/em))
- **look for existing projects/advice:**
- bvmd (<http://bvmd.de/ausland/>)
- IPPNW (<http://studis.ippnw.de/famulieren-engagieren.html>)
- DTG (<http://www.dtg.org/>)
- DTC (<http://www.tropenchirurgie.org/>)
- own medical faculty
- [www.foring.org](http://www.foring.org)
- [www.medizinfueralle.de](http://www.medizinfueralle.de)



# Get experience(d)

- internships ( e.g. Familien & Engagieren IPPNW)
- social work experience
- travel (observe, enjoy, communicate, cooperate, investigate...)



- local involvement:
- <http://www.vdaeae.de/> (Association of democratic physicians, Germany)
- IPPNW, UAEM (<http://www.uaem-germany.de/>) GandHI, medinetze/büros, Greenpeace, Amnesty, Caritas)
- BUKO Pharmakampagne street theatre (<http://www.bukopharma.de/index.php?page=strassentheater>)
- MSF (<http://www.aerzte-ohne-grenzen.de/>)
- Medico international (<http://www.medico.de/>)
- fair trade shops

# Gain knowledge

- Literature:

- Hier & Dort ([http://bvmd.de/arbeit/scoph/gandhi/hier\\_und\\_dort/](http://bvmd.de/arbeit/scoph/gandhi/hier_und_dort/))

- <http://www.globalmedicine.nl/>

- [http://www.ucl.ac.uk/cihd/undergraduate/elective\\_info/elective\\_pack](http://www.ucl.ac.uk/cihd/undergraduate/elective_info/elective_pack)

- A.Linnstrand et al (2006) Global Health: An introductory textbook  
*Studentlitteratur*

- Birn et al (2009): Textbook of International Health *Oxford University Press*

- Cecil G Helman (5<sup>th</sup> edition): Culture, Illness and Health *Hodder Arnold*

- Online courses :

- SDH (<http://dds-dispositivoglobal.ops.org.ar/curso/cursoeng/contexto.html>)

- Medical Peacework (<http://www.medicalpeacework.org/>)



# Professionalize

- Take part in advanced courses

- IPHU ([www.phm.org](http://www.phm.org))

- Global Health summer schools (Denmark, Germany, Sweden, USA, Canada, Peru)

- Humanitarian Summerschool (Tübingen)

- Global Health academic degree:

- intercalated bachelor (<http://www.ucl.ac.uk/global-health/>)

- MSc. ([www.maastrichtuniversity.nl](http://www.maastrichtuniversity.nl))

- ❖ Tropical Medicine and International Health, Disaster Management, Humanitarian Aid

- (<https://www.fh-muenster.de/humanitaere-hilfe/studierende/index.php?p=3,>)



# Not to forget

- go into research (ifmsa/bvmd – professional exchange, thesis)
- train in methodology, epidemiology!
- network ( attend conferences, organize courses yourself!)
- learn how and where to fundraise  
([www.bvmd.de](http://www.bvmd.de), [www.daad.de](http://www.daad.de), [www.inwent.org](http://www.inwent.org), [www.stethosglobe.de](http://www.stethosglobe.de), Erasmus)
- Give back your knowledge! Organize courses , congresses...on your own



Thank you for your attention!



If you have any questions please feel free to contact:  
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